Section 1: Resources & References  

Resources

Positive Youth Development

Principles of Youth Development. *ACT for Youth Center for Community Action.*
http://www.actforyouth.net/youth_development/development/

http://www.actforyouth.net/publications/manual.cfm

Adolescent Development

http://www.healthychildren.org/english/ages-stages/Pages/default.aspx

http://www.actforyouth.net/toolkit

https://www.youtube.com/watch?v=dlSmdb5zfIQ

Identity Formation

Adolescent Identity Development. *ACT for Youth.*
http://www.actforyouth.net/adolescence/identity/

Toolkit: Identity Development. *PWT Risk and Thriving in Adolescence & ACT for Youth.*
http://www.actforyouth.net/adolescence/toolkit/identity.cfm

Risk Taking & Positive Risks

DoSomething.org: Explore Campaigns. (Take positive risks/get involved in a cause.)
https://www.dosomething.org/campaigns

http://www.whatkidscando.org/resources/index.html
http://www.actforyouth.net/adolescence/toolkit/risk.cfm

**Adolescents and Social Media**

Social Media, Social Life: Teen Reveal Their Experiences. *Common Sense Media.*
https://www.commonsensemedia.org/social-media-social-life-infographic


Social Media & Teen Anxiety. *Harvard Graduate School of Education’s Usable Knowledge.*

**Data, Demographics**

Youth Statistics. *ACT for Youth.*
http://www.actforyouth.net/adolescence/demographics/

Youth Online (Youth Risk Behavior Survey). *CDC.*

Kids Count Data Center. *Annie E. Casey Foundation.*
https://datacenter.kidscount.org/topics

**References**


Common Sense Media. 2018. Social Media, Social Life: Teens Reveal Their Experiences [infographic].
https://www.commonsensemedia.org/social-media-social-life-infographic

http://www.nap.edu/catalog.php?record_id=10022


http://ecommons.library.cornell.edu/bitstream/1813/21945/2/PrinciplesYD.pdf


https://www.alabamapublichealth.gov/alphtn/assets/072011tentasks.pdf


http://www.jhsph.edu/adolescenthealth/_includes/Interactive%20Guide.pdf

https://nap.edu/catalog/25388/the-promise-of-adolescence-realizing-opportunity-for-all-youth


Oxford Museum of Natural History: Brain Development in Teenagers [video].
https://www.youtube.com/watch?v=dI5mdb5zfIQ