

Reducing the Risk

Standards and Performance Indicators			Health Skills and Subskills		
Section	Addressed	Assessed	Section	Addressed	Assessed
Class 1A	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. Evaluate how the multiple influences which affect health decisions and behaviors can be altered. <p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 	Class 1A	<p>Self-Management SM.C.2 Analyzes the attributes (knowledge, skills, competencies) of a safe and healthy persons. SM.C.4 Predicts short- and long- term benefits and harmful consequences of behaviors based on (a) personal health and safety assessment.</p> <p>Relationship Management RM.C.2 Analyzes the attributes (knowledge, skills, competencies) of a nurturing, empathetic, respectful, responsible person RM.C.4 Predicts short- and long-term benefits and harmful consequences of behaviors based on the assessment. RM.C.6 Demonstrates positive interpersonal and intra-personal behaviors when working with others (including diverse populations). RM.C.7 Demonstrates win-win strategies to prevent and manage conflict in healthy and safe ways.</p> <p>Communication CM.C.1 Employs active listening and response skills in health-enhancing ways. CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations. CM.C.3 Demonstrates healthy ways to express needs, wants and feelings CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships. CM.C.5 Demonstrates strategies for overcoming health-related communication barriers. CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p>	<p>DM.C.4 Personalizes health risk of decisions to self and others.</p>

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Section	Addressed	Assessed	Section	Addressed	Assessed
				<p>CM.C.7 Demonstrates effective refusal skills in real-life health-related situations.</p> <p>CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p> <p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p>	

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Section	Addressed	Assessed	Section	Addressed	Assessed
Class 1B	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. Evaluate how the multiple influences which affect health decisions and behaviors can be altered. <p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 	Class 1B	<p>Self-Management</p> <p>SM.C.2 Analyzes the attributes (knowledge, skills, competencies) of a safe and healthy persons.</p> <p>SM.C.4 Predicts short- and long- term benefits and harmful consequences of behaviors based on (a) personal health and safety assessment.</p> <p>Relationship Management</p> <p>RM.C.2 Analyzes the attributes (knowledge, skills, competencies) of a nurturing, empathetic, respectful, responsible person</p> <p>RM.C.4 Predicts short- and long-term benefits and harmful consequences of behaviors based on the assessment.</p> <p>RM.C.7 Demonstrates win-win strategies to prevent and manage conflict in healthy and safe ways.</p> <p>Communication</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.7 Demonstrates effective refusal skills in real-life health-related situations.</p> <p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p>	<p>DM.C.4 Personalizes health risk of decisions to self and others.</p>

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Standards and Performance Indicators			Health Skills and Subskills		
Section	Addressed	Assessed	Section	Addressed	Assessed
Class 2	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. Evaluate how the multiple influences which affect health decisions and behaviors can be altered. 	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 	Class 2	Decision-Making DM.C.1 Identifies personal health decisions and analyzes related internal and external influences. DM.C.2 Recognizes personal capabilities and limitations as they relate to possible healthy solutions. DM.C.3 Gathers, synthesizes, and evaluates information to enhance health. DM.C.4 Personalizes health risk of decisions to self and others.	DM.C.4 Personalizes health risk of decisions to self and others.
	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. Standard 2: A Safe and Healthy Environment <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. Standard 2: A Safe and Healthy Environment <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 		Class 3	Decision-Making DM.C.4 Personalizes health risk of decisions to self and others. DM.C.6 Analyzes the perceptions of peer, family and community normative health-related situations.

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Section	Addressed	Assessed	Section	Addressed	Assessed
Class 4	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	Class 4	<p>Communication</p> <p>CM.C.1 Employs active listening and response skills in health-enhancing ways. CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations. CM.C.3 Demonstrates healthy ways to express needs, wants and feelings CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships. CM.C.5 Demonstrates strategies for overcoming health-related communication barriers. CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others. CM.C.7 Demonstrates effective refusal skills in real-life health-related situations. CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p>	<p>Communication</p> <p>CM.C.1 Employs active listening and response skills in health-enhancing ways. CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations. CM.C.3 Demonstrates healthy ways to express needs, wants and feelings CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships. CM.C.5 Demonstrates strategies for overcoming health-related communication barriers. CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others. CM.C.7 Demonstrates effective refusal skills in real-life health-related situations. CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p>

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Section	Addressed	Assessed	Section	Addressed	Assessed
Class 5	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	Class 5	<p>Communication</p> <p>CM.C.1 Employs active listening and response skills in health-enhancing ways.</p> <p>CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations.</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships.</p> <p>CM.C.5 Demonstrates strategies for overcoming health-related communication barriers.</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.7 Demonstrates effective refusal skills in real-life health-related situations.</p>	<p>Communication</p> <p>CM.C.1 Employs active listening and response skills in health-enhancing ways.</p> <p>CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations.</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships.</p> <p>CM.C.5 Demonstrates strategies for overcoming health-related communication barriers.</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.7 Demonstrates effective refusal skills in real-life health-related situations.</p>
	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p>	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p>		Class 6	<p>Decision-Making</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p>

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Section	Addressed	Assessed	Section	Addressed	Assessed
	Evaluate personal and social skills which contribute to health and safety of self and others.	Evaluate personal and social skills which contribute to health and safety of self and others.			
Class 7	Standard 1: Personal Health and Fitness Demonstrate the necessary knowledge and skills to promote healthy development into adulthood	No assessment	Class 7		

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Section	Addressed	Assessed	Section	Addressed	Assessed
Class 8	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 3:</p> <ul style="list-style-type: none"> Demonstrates how to evaluate health information. Demonstrates the ability to access community health services for self and others. 	<p>*Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>*Assessed if students are able to practice; not assessed if only an observed demonstration</p> <p>Standard 3:</p> <ul style="list-style-type: none"> Demonstrates how to evaluate health information. Demonstrates the ability to access community health services for self and others. 	Class 8	<p>Self-Management</p> <p>SM.C.6 Identifies and accesses personal support persons or systems.</p> <p>SM.C.7 Accesses, manages and evaluates related health and safety resources.</p> <p>CM.C.1 Employs active listening and response skills in health-enhancing ways.</p> <p>CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations.</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>AD.C.4 Identifies and familiarizes self with agencies, organizations, and others who advocates for an against the health issue.</p>	<p>SM.C.6 Identifies and accesses personal support persons or systems.</p> <p>SM.C.7 Accesses, manages and evaluates related health and safety resources.</p>
	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 		<p>Communication</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p>	<p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p> <p>DM.C.6 Analyzes perceptions of pee, family and community normative health-related behavior.</p>
Class 9	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 	Class 9	<p>Communication</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p>	<p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p> <p>DM.C.6 Analyzes perceptions of pee, family and community normative health-related behavior.</p>

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Section	Addressed	Assessed	Section	Addressed	Assessed
	<p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 			<p>DM.C.4 Personalizes health risk of decisions to self and others. DM.C.6 Analyzes perceptions of peer, family and community normative health-related behavior.</p>	

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Section	Addressed	Assessed	Section	Addressed	Assessed
Class 10	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	Class 10	<p>Communication</p> <p>CM.C.1 Employs active listening and response skills in health-enhancing ways.</p> <p>CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations.</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships.</p> <p>CM.C.5 Demonstrates strategies for overcoming health-related communication barriers.</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.7 Demonstrates effective refusal skills in real-life health-related situations.</p> <p>CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p>	<p>Decision-Making</p> <p>DM.C.5 Applies a decision-making model to real-life health-related situations.</p>
				<p>Decision-Making</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p> <p>DM.C.5 Applies a decision-making model to real-life health-related situations.</p>	

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Class 11	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p> <p>Evaluate personal and social skills which contribute to health and safety of self and others.</p>	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	Class 11	<p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.2 Recognizes personal capabilities and limitations as they relate to possible healthy solutions.</p> <p>DM.C.3 Gathers, synthesizes and evaluates available information to enhance health.</p> <p>DM.C.6 Analyzes perceptions of peer, family and community normative health-related behavior.</p> <p>DM.C.7 Describes how personal health decisions may affect subsequent decisions.</p> <p>DM.C.8 Assumes responsibility for personal health decisions.</p> <p>Relationship-Management</p> <p>RM.C.4 Predicts short- and long-term benefits and harmful consequences based on an assessment.</p>	<p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.2 Recognizes personal capabilities and limitations as they relate to possible healthy solutions.</p> <p>DM.C.3 Gathers, synthesizes and evaluates available information to enhance health.</p> <p>DM.C.6 Analyzes perceptions of peer, family and community normative health-related behavior.</p> <p>DM.C.7 Describes how personal health decisions may affect subsequent decisions.</p> <p>DM.C.8 Assumes responsibility for personal health decisions.</p> <p>Relationship-Management</p> <p>RM.C.4 Predicts short- and long-term benefits and harmful consequences based on an assessment.</p>

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Section	Addressed	Assessed	Section	Addressed	Assessed
Class 12	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 	Class 12	Self-Management SM.C.1 Conducts a personal assessment of health and safety knowledge and skills. SM.C.4 Predicts short- and long-term benefits and harmful consequences of behaviors based on (a) personal health and safety assessment. Decision-Making DM.C.3 Gathers, synthesizes and evaluates available information to enhance health. DM.C.4 Personalizes health risk of decisions to self and others. DM.C.7 Describes how personal health decisions may affect subsequent decisions.	Decision-Making DM.C.4 Personalizes health risk of decisions to self and others. DM.C.7 Describes how personal health decisions may affect subsequent decisions.
	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	Standard 1: Personal Health and Fitness <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 		Class 13	

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Standards and Performance Indicators			Health Skills and Subskills		
Section	Addressed	Assessed	Section	Addressed	Assessed
Class 14	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. <p>Standard 2: A Safe and Healthy Environment</p> <ul style="list-style-type: none"> Evaluate personal and social skills which contribute to health and safety of self and others. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. 	Class 14	<p>Communication</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships.</p> <p>CM.C.5 Demonstrates strategies for overcoming health-related communication barriers.</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p> <p>Decisions-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.2 Recognizes personal capabilities and limitations as they relate to possible healthy solutions.</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p>	<p>Communication</p> <p>CM.C.3 Demonstrates healthy ways to express needs, wants and feelings</p> <p>CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships.</p> <p>CM.C.5 Demonstrates strategies for overcoming health-related communication barriers.</p> <p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p> <p>Decision-Making</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p>
	Class 15	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Evaluate how the multiple influences which affect health decisions can be altered. 		<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Evaluate how the multiple influences which affect health decisions can be altered. 	Class 15

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Section	Addressed	Assessed	Section	Addressed	Assessed
	<p>Standard 3: Resource Management</p> <ul style="list-style-type: none"> Demonstrate how to evaluate health information. Demonstrate the ability to access community health services for self and others. 	<p>Standard 3: Resource Management</p> <ul style="list-style-type: none"> Demonstrate how to evaluate health information. Demonstrate the ability to access community health services for self and others. 		and others who advocate for and against the health issue.	
Class 16	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	<p>Standard 1: Personal Health and Fitness</p> <ul style="list-style-type: none"> Demonstrate the necessary knowledge and skills to promote healthy development into adulthood. Apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood. 	Class 16	<p>Relationship Management RM.C.6 Demonstrates positive interpersonal and intra-personal behaviors when working with others (including diverse populations). RM.C.7 Demonstrates win-win strategies to prevent and manage conflict in healthy and safe ways.</p> <p>Communication CM.C.1 Employs active listening and response skills in health-enhancing ways. CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations. CM.C.3 Demonstrates healthy ways to express needs, wants and feelings CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships. CM.C.5 Demonstrates strategies for overcoming health-related communication barriers.</p>	<p>Relationship Management RM.C.6 Demonstrates positive interpersonal and intra-personal behaviors when working with others (including diverse populations). RM.C.7 Demonstrates win-win strategies to prevent and manage conflict in healthy and safe ways.</p> <p>Communication CM.C.1 Employs active listening and response skills in health-enhancing ways. CM.C.2 Applies effective verbal (assertiveness) and non-verbal communication skills in real-life health situations. CM.C.3 Demonstrates healthy ways to express needs, wants and feelings CM.C.4 Analyzes how interpersonal communication affects and is affected by relationships. CM.C.5 Demonstrates strategies for overcoming health-related communication barriers.</p>

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				<p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.7 Demonstrates effective refusal skills in real-life health-related situations.</p> <p>CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p> <p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p> <p>DM.C.5 Applies a decision making model to a real life situation.</p> <p>DM.C.6 Analyzes perceptions of peer, family and community normative health-related behavior.</p> <p>DM.C.7 Describes how personal health decisions may affect subsequent decisions.</p> <p>DM.C.8 Assumes responsibility for personal health decisions.</p>	<p>CM.C.6 Demonstrates ways to communicate care, consideration, and respect of self and others.</p> <p>CM.C.7 Demonstrates effective refusal skills in real-life health-related situations.</p> <p>CM.C.8 Demonstrates strategies to prevent and manage conflict in healthy ways.</p> <p>Decision-Making</p> <p>DM.C.1 Identifies personal health decisions and analyzes related internal and external influences.</p> <p>DM.C.4 Personalizes health risk of decisions to self and others.</p> <p>DM.C.5 Applies a decision making model to a real life situation.</p> <p>DM.C.8 Assumes responsibility for personal health decisions.</p>