

Guiding Principles of a Trauma-Informed Approach

Resources & References

Hotlines, Crisis & Service Websites

- [NYS/OMH Mental Health Support Hotline](#): 1-844-863-9314
- NYC Well (Talk.Text.Chat 24/7):1-888-NYC-WELL / <https://nycwell.cityofnewyork.us/en/>
- Are you experiencing anxiety due to the coronavirus emergency? <https://omh.ny.gov/omhweb/covid-19-resources.html>
- Coping with Traumatic Events (National Institute of Mental Health): <https://www.nimh.nih.gov/health/topics/coping-with-traumatic-events/index.shtml>
- NYS COVID-19 Coping Circles - <https://rc-1.nyspi.org/surveys/?s=44YWTJMF3T>

Articles & Tip Sheets on Trauma

- [Addressing Race and Trauma in the Classroom - https://www.nctsn.org/sites/default/files/resources/addressing_race_and_trauma_in_the_classroom_educators.pdf](https://www.nctsn.org/sites/default/files/resources/addressing_race_and_trauma_in_the_classroom_educators.pdf)
- [Trauma-Informed School Strategies During COVID-19 - https://www.nctsn.org/resources/trauma-informed-school-strategies-during-covid-19?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin](https://www.nctsn.org/resources/trauma-informed-school-strategies-during-covid-19?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin)
- [Keeping Yourself & Your Kids Safe and Healthy in the Pandemic: Tips for Judges, Legal Professionals & Court Personnel - https://www.nctsn.org/resources/keeping-yourself-and-your-kids-safe-and-healthy-in-the-pandemic-tips-for-judges-legal-professionals-and-court-personnel?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin](https://www.nctsn.org/resources/keeping-yourself-and-your-kids-safe-and-healthy-in-the-pandemic-tips-for-judges-legal-professionals-and-court-personnel?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin)
- [The Impact of COVID-19 on Child Sex and Labor Trafficking - https://www.nctsn.org/resources/the-impact-of-covid-19-on-child-sex-and-labor-trafficking?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin](https://www.nctsn.org/resources/the-impact-of-covid-19-on-child-sex-and-labor-trafficking?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin)
- [Implementing a Trauma-Informed Approach for Youth Across Service Sectors - https://youth.gov/docs/Trauma_Informed_Approach_508.pdf](https://youth.gov/docs/Trauma_Informed_Approach_508.pdf)

- Culturally-Responsive Approaches to Serve Latin American Children Who Experience Traumatic Separation - https://www.nctsn.org/resources/culturally-responsive-approaches-to-serve-latin-american-children-who-experience-traumatic-separation?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin
- Children and Domestic Violence for Parents Fact Sheet Series in Spanish - <https://www.nctsn.org/resources/children-and-domestic-violence-how-does-domestic-violence-affect-children-sp>
- Investigating the Association Between Posttraumatic Risky Behavior and Offending in Adolescents Involved in the Juvenile Justice System - <https://link.springer.com/article/10.1007/s10964-019-01120-0>

Webinars & Children's Book

- World Refugee Day 2020 Webinar: How is COVID-19 Impacting Refugee and Immigrant Communities - <https://drive.google.com/file/d/1ei7CzwIBgoRjW2tCk-KN2UuJu4TBrMCx/view>
- The Germ that Wears a Crown: A Story about the Coronavirus (available in English, Creole & Spanish) - <http://fsustress.org/ebook.html>
- After the Harvest: A Story about saying goodbye (e-book for children) - <http://fsustress.org/AfterTheHarvest/AfterTheHarvest.html>