# SAMPLE OPT-OUT LETTER FOR PARENTS

DATE

Dear Parent/Guardian:

We are pleased to inform you that we will be delivering the *Be Proud! Be Responsible!* curriculum to the youth at SCHOOL/ORGANIZATION NAME. *Be Proud! Be Responsible!* is an evidenced-based, comprehensive sex education curriculum that provides adolescents with the knowledge, motivation and skills necessary to reduce their risk of pregnancy and of contracting HIV and other sexually transmitted infections.

The curriculum consists of the following six sessions:

1. Introduction to HIV and AIDS
2. Building Knowledge About HIV and AIDS
3. Understanding Vulnerability to HIV Infection
4. Attitudes and Beliefs about HIV, AIDS and Safer Sex
5. Building Condom Use Skills (includes a condom demonstration)
6. Building Negotiation and Refusal Skills

Studies show that evidenced-based, comprehensive sex education curricula are successful in delaying the onset of sexual activity for youth who are not yet sexually active. For those youth who are sexually active, these curricula can reduce the frequency of sexual activity, reduce the number of sexual partners, and increase condom or contraceptive use.

We are happy to have the opportunity to offer the *Be Proud! Be Responsible!* curriculum to your child. However, if you wish for your child not to participate in the curriculum, we have provided an opt-out form that you can fill out and return to [SCHOOL/ORGANIZATION NAME].

Sincerely,

[NAME]

[TITLE]

[ORGANIZATION]

***Be Proud! Be Responsible!* Opt Out Form**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ request that my child

(parent/guardian name)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ be excused from participating in the

(child name)

*Be Proud! Be Responsible!* teen pregnancy prevention program

being offered at LOCATION.

Student grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student age: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/guardian signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_