# Sample Master List of Adaptations

#### Agency Name:

Date:

#### Changes Made Across Entire EBP:

Change: Language updates Rationale: Increase inclusivity
Change: Use PowerPoints from Virtual Implementation Plans for in person classes. Rationale: More visually engaging, easier to play videos, helps to support multiple learning styles

#### Module 1: Introduction to HIV and AIDS

Activity	Check off what you are planning to do	Describe <u>what</u> you want to change and <u>why</u>	Approved
A: Program Introduction and Overview	∪pdates <u>X</u> Modifications: <u>X</u> Content <u>X</u> Teaching Strategies	<ul> <li>1 A.7.1 – Change "condom" to "safer sex barrier"</li> <li>1 A.7.2 – Change "condom" to "safer sex barrier" Note: Examples of "safer sex barriers: e.g. internal and external condoms, dental dams, etc."</li> <li>Rationale: Changing "condom" to "safer sex barrier" is inclusive of all types of barriers that can be used during oral, anal and vaginal intercourse.</li> <li>1 A.3 – Change: Changed order of curriculum to Activity B, then Activity C, followed by Activities A, D, and E</li> <li>Rationale: This way the students and educator can introduce themselves first, the group agreements can be established, and the rest of the lesson can continue as planned.</li> </ul>	Yes
B: Group Introduction	<ul> <li>Updates</li> <li><u>X</u> Modifications:</li> <li>Content</li> <li><u>X</u> Teaching Strategies</li> </ul>	1 B.1 - Change: Introductions skipped Rationale: Save time - group is previously established and familiar with facilitator	Yes
C: Creating Group Agreements	Updates Modifications:		

	<ul> <li>○ Content</li> <li>○ Teaching Strategies</li> </ul>		
D: Discussing HIV and AIDS	)	<ul> <li>1 D.3.1 - Change "he or she has" to "they have"</li> <li>1 D.3.2 - Change "he or she has" to "they have"</li> <li>1 D.3.3 - Change "he or she has" to "they have"</li> <li>1 D.4.1 - Change "mother" to "parent"</li> <li>1 D.4.2 - Include "or other safer sex barrier" after "use a latex condom</li> <li>Rationale: Gendered language reproduces the gender binary norm. Using gender-neutral/fluid/non-binary terms such as "they/them" is inclusive of all genders.</li> <li>Using "parent" instead of "mother" removes the assumption that all female parents identify as "mother."</li> <li>Changing "condom" to "safer sex barrier" is inclusive of all types of barriers that can be used during oral, anal and vaginal intercourse.</li> </ul>	Yes
E: What I Think about HIV, AIDS and Safer Sex	<ul> <li>Updates</li> <li><u>X</u> Modifications:</li> <li>Content</li> <li>X Teaching Strategies</li> </ul>	<ul> <li>1 E.1 – Change: each student will receive a paddle that on one side says agree, and on the other says disagree. Students will remain in their seat, but still be able to decide based upon their own opinion.</li> <li>Rationale: To prevent / avoid classroom management issues</li> </ul>	Yes

## Module 2: Building Knowledge about HIV

Activity	Check off what you are	Describe what you want to change and why	Approved
	planning to do		
A: Introduction and	○ Updates		
Overview	O Modifications:		
	○ Content		
	Teaching Strategies		
B: The Subject Is HIV	○ Updates	2 B.4 – Change "condom" to "safer sex barrier"	Yes
	X Modifications:		
	<u>X</u> Content	Rationale: Changing "condom" to "safer sex barrier" is inclusive of all types of barriers that can be used during oral, anal and vaginal intercourse.	
	○ Teaching Strategies		

C: Myths and Facts About HIV and AIDS	<ul> <li>Updates</li> <li><u>X</u> Modifications:</li> <li><u>X</u> Content</li> <li><u>X</u> Teaching Strategies</li> </ul>	<ul> <li>2 C.4.7.1 – Change "woman" to "person"</li> <li>2 C.4.7.2 – Change "her" to "their"</li> <li>2 C.4.7.3 – Change "woman" to "person"</li> <li>2 C.4.7.4 – Change "she" to "they"</li> <li>2 C.4.14.1 – Change "lesbians" to "females who have sex with females"</li> </ul>	Yes
		<ul> <li>2 C.4.15.1 – Change "mother" to "parent"</li> <li>2 C.4.15.2 – Change "her" to "their"</li> <li>2 C.4.15.3 – Change "mother" to "parent"</li> <li>2 C.4.15.1 – Change "her" to "their"</li> <li>2 C.4.21.1 – Change "men who have sex with men" to "males who have sex with males"</li> </ul>	
		Rationale: Gendered language reproduces the gender binary norm. Using gender-neutral/fluid/non-binary terms such as "they/them" is inclusive of all genders.	
		We change "lesbians" to "females who have sex with females" to be more inclusive of 1) bisexual relationships, and 2) women who do not have female anatomy.	
		Similarly, we change "men who have sex with men" to "males who have sex with males" to be inclusive of men who have female anatomy and women who have male anatomy.	
		Change: Review the statements in advance and select which ones will be skipped & which ones are of paramount importance (some are a little repetitive and others dispel common misconceptions).	
		Rationale: Due to time constraints, we have not been able to read all of the statements.	

## Module 3: Understanding Vulnerability to HIV Infection

Activity	Check off what you are	Describe what you want to change and why	Approved
	planning to do		
A: Acknowledging	○ Updates	3 A.3.1 – Change "women" to "females"	Yes
the Threat of HIV	X Modifications:		
and AIDS	<u>X</u> Content	3 A.5.1 – Change "condoms" to "safer sex barriers"	
	O Teaching Strategies		

		3 A.5.2 – Change "condoms" to "safer sex barriers	
B: <i>Nicole's Choice</i> DVD and Discussion	<ul> <li>○ Updates</li> <li><u>X</u> Modifications:</li> <li><u>X</u> Content</li> </ul>	<ul> <li>Rationale: Gendered language reproduces the gender binary norm. Using gender-neutral/fluid/non-binary terms such as "they/them" is inclusive of all genders.</li> <li>Changing "condom" to "safer sex barrier" is inclusive of all types of barriers that can be used during oral, anal and vaginal intercourse.</li> <li>3 B.2.1 – Change "condoms" to "safer sex barriers"</li> <li>Rationale: Changing "condom" to "safer sex barrier" is inclusive of all types of barriers that can be used during oral, anal and vaginal intercourse.</li> </ul>	Yes
C: The Transmission	○ Teaching Strategies		Voc
C: The Transmission Game	<ul> <li>○ Updates</li> <li><u>X</u> Modifications:</li> <li><u>X</u> Content</li> <li><u>X</u> Teaching Strategies</li> </ul>	<ul> <li>3 C.14.1 – Change "mother" to "parent"</li> <li>3 C.16.1 – Include "or dental dam" after "condom"</li> <li>Rationale: Using "parent" instead of "mother" removes the assumption that all female parents identify as "mother."</li> <li>3 C.3 – Change: The letters A, D, C, O, and U will be replaced with shapes, such as a square, a triangle, a hexagon, a trapezoid, and a rectangle so the students cannot identify what card they have. We would like to ask anyone who engaged in "verbal intercourse" to stand, the health educator will then reveal what each shape stands for and those individuals who use safe methods of sexual intercourse can all sit down. Those who practice unprotected sex will remain standing.</li> <li>Rationale: Due to time constraints and to make it easier on the instructor</li> </ul>	Yes
D: HIV Risk	◯ Updates		
Continuum	O Modifications:		
	◯ Content		
	○ Teaching Strategies		

#### Module 4: Attitudes and Beliefs about HIV, AIDS and Safer Sex

Activity	Check off what you are	Describe what you want to change and why	Approved
	planning to do		

A: The Hard Way	○ Updates		
DVD and Discussion	O Modifications:		
	◯ Content		
	O Teaching Strategies		
B: Calling Koko	○ Updates	4 B.1 – Change: We would like to print out the different Calling Koko	Yes
	X Modifications:	scenarios in letter paper and present them to the participants as "real	
	◯ Content	questions from real teens"	
	X Teaching Strategies	Rationale: Participants take activity more seriously and more time	
		effective	

## Module 5: Building Condom Use Skills

Activity	Check off what you are	Describe <u>what</u> you want to change and <u>why</u>	Approved
	planning to do		
A: Introduction and	○ Updates	5 A.2 – Change "Mother" to "Parent"	Yes
Overview	X Modifications:	Rationale: Using "parent" instead of "mother" removes the assumption	
	X Content		
	◯ Teaching Strategies	that all female parents identify as "mother."	
B: Discussing	○ Updates	5 B.1 – Change: During the section where the children get to try and put	Yes
Condoms and	X Modifications:	the condom on the penis model we would like to pass out handouts of the	
Condom Use Skills	◯ Content	9 Condom Steps so they have it next to them.	
	<u>X</u> Teaching Strategies	Rationale: it's easier to read and follow along, compared to the small <i>Steps For Using a Condom</i> poster that may be hard to see from the back of the classroom.	
C: How to Make	Oupdates		
Condoms Fun and	O Modifications:		
Pleasurable	Content		
	O Teaching Strategies		
D: What Gets in the	○ Updates		
Way of Proud and	O Modifications:		
Responsible Sexual	◯ Content		
Behavior?	Teaching Strategies		
E: Barriers to	OUpdates		
Condom Use	O Modifications:		

	<ul> <li>Content</li> <li>Teaching Strategies</li> </ul>	
F: Condom Line-Up	○ Updates	
	O Modifications:	
	◯ Content	
	O Teaching Strategies	

#### **Required Add-On Session**

Activity	Check off what you are planning to do	Describe <u>what</u> you want to change and <u>why</u>	Approved
A: Birth Control Methods Demonstration	<ul> <li>Updates</li> <li>X Modifications:</li> <li><u>X</u> Content</li> <li>X Teaching Strategies</li> </ul>	5.2 A.1 – Change: We would like to provide real life size models of the numerous birth control methods from a Birth Control Kit We would also like to pass out a handout of all the birth control methods available. Rationale: This is so the participants can see and feel the various different options.	Yes

#### Module 6: Building Negotiation and Refusal Skills

Activity	Check off what you are	Describe <u>what</u> you want to change and <u>why</u>	Approved
	planning to do		
A: Introduction and	○ Updates		
Overview	O Modifications:		
	◯ Content		
	Teaching Strategies		
B: "What to Say if My	○ Updates		
Partner Says"	O Modifications:		
	◯ Content		
	Teaching Strategies		
C: Using the SWAT	◯ Updates		
Technique	O Modifications:		
	◯ Content		
	○ Teaching Strategies		

D: Practice	○ Updates	6 D.16 – Change "It doesn't matter if a relationship is between a man and	Yes
Negotiation and Refusal Skills Through Roleplaying	X Modifications:	a woman, two women, or two men." to ""It doesn't matter if a	
	<u>X</u> Content	relationship is between a male and a female, two females, or two males."	
	Teaching Strategies	Rationale: Gendered language reproduces the gender binary norm. Using gender-neutral/fluid/non-binary terms such as "they/them" is inclusive of all genders.	
E: Talking with	○ Updates	6 E.1.1. – Change "condom" to "safer sex barrier"	Yes
Partners About Condom Use or Abstinence	X Modifications: X Content	6 E.1.2. – Change "condom" to "safer sex barrier"	
	Teaching Strategies	6 E.4.1. – Change "condom" to "safer sex barrier"	
		6 E.4.2 – Change "condom" to "safer sex barrier"	
		6 E.5.1 – Change "condom" to "safer sex barrier"	
		Rationale: Changing "condom" to "safer sex barrier" is inclusive of all types of barriers that can be used during oral, anal and vaginal intercourse.	
F: The AIDS Basketball	○ Updates	6 F.1 – Change: We will be using the Jeopardy version instead of the AIDS	Yes
Game	X Modifications:	Basketball Game	
	○ Content	Rationale: Simpler and more understandable. The original format is too	
	X Teaching Strategies	confusing.	