**Module 1: Abstinence, Sex and Protection – Pregnancy Prevention Emphasis Cycle ID / Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Introduce Curriculum and Model Role Play, Version 1 |  |
| B: Pregnancy Risk Activity, Parts 1 and 2 |  |
| C: Model Role Play, Version 2 |  |
| D: Lesson Summary |  |

**Module 2: Abstinence: Not Having Sex**

|  |  |
| --- | --- |
| **Activity** | **Notes** |
| A: Review Previous Lesson |  |
| B: Communicating About Abstinence |  |
| C: Facts About Abstinence |  |
| D: Reasons That Many Teens Don’t Have Sex |  |
| E: Lesson Summary |  |

**Module 3: Refusals**

|  |  |
| --- | --- |
| **Activity** | **Notes** |
| A: Review Previous Lesson |  |
| B: Talk to Your Parents |  |
| C: Introduce Refusals |  |
| D: Demonstrate Role Plays |  |
| E: Lesson Summary |  |

**Module 4: Using Refusal Skills**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Refusal Quiz |  |
| B: Difficult Refusals |  |
| C: Demonstrate Role Play |  |
| D: Role Play in Small Groups |  |

**Module 5: Delaying Tactics**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Review Class 4 |  |
| B: Introduce Delaying Tactics |  |
| C: Demonstrate and Practice Role Play |  |
| D: Quiz and Skills Review |  |
| E: Lesson Summary |  |

**Module 6: Avoiding High-Risk Situations**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Discuss Homework |  |
| B: Signs of Sex and Caution Mini-Lecture |  |
| C: Handling Crisis Situations |  |
| D: Protection: Myths and Truths, Round 1 |  |
| E: Lesson Summary |  |

**Module 7: Getting and Using Protection – I**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Ways to Prevent Pregnancy – Lecture/Demonstration |  |
| B: Shopping Information Homework |  |
| C: Lesson Summary |  |

**Module 8: Getting and Using Protection – II**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Barrier Methods for Prevention – Lecture/Demonstration |  |
| B: Visit or Call a Clinic |  |
| C: How Will You Avoid Pregnancy? |  |
| D: How Is HIV Infection Prevented? |  |
| E: Lesson Summary |  |

**Module 9: Knowing and Talking About Protection: Skills Integration – I**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Protection: Myths and Truths, Round 2 |  |
| B: Demonstrate and Practice Role Play |  |
| C: Demonstrate and Practice Role Play |  |

**Module 10: Skills Integration – II**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Review Refusals |  |
| B: Generating Alternatives |  |
| C: Role-Play in Small Groups |  |

**Module 11: Skills Integration – III**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: My Kid Sister |  |
| B: Role-Play in Small Groups |  |

**Module 12: Preventing HIV and Other STD**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Facts About STD, Including HIV |  |
| B: Assign Homework |  |

**Module 13: HIV Risk Behaviors**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Risk Continuum |  |
| B: Personal Risks |  |
| C: Lesson Summary |  |

**Module 14: Implementing Protection from STD and Pregnancy**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: The Steps to Protection |  |
| B: Role Plays |  |
| C: Lesson Summary |  |

**Module 15: Sticking with Abstinence and Protection**

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| --- | --- |
| **Activity** | **Notes**  |
| A: Review “Shopping Information” and “Visit or Call a Clinic” Homework |  |
| B: Sticking with Abstinence and Protection |  |

**Module 16: Skills Integration – IV**

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| --- | --- |
| **Activity** | **Notes**  |
| A: Review HIV Homework |  |
| B: Chris and Pat |  |
| C: Role-Play in Small Groups |  |
| D: “I Learned” Statements |  |