Introducing SkillFlix
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May 14, 2020

National Institute of Child Health and Human Development #R43HD088216
Office of Population Affairs (OPA) Award #TP2AH000055
NIH’s National Institute on Child Health and Human Development #1R41HD094406
Who are we?
Why are skills critical for sex educators?
What is SkillFlix?
Does it work?
Up for a challenge?
What is SkillFlix for Parents?
Questions?
Skills
Classic Skill Instruction
Skill

microskill + microskill + microskill

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Video Library

Technical Question: IUD
These teachers match the amount of detail with the time available, address additional resources as appropriate. Clip 1 also debunks the teacher.

Permission Question: Porn
Teachers cover progressive and traditional answers, including referring to reminding youth of the “no personal” question agreement, reminding their own beliefs in making decisions, reframing to generalize the question and providing factual information.

Delayed Answer: PrEP
Teachers post new terms, acknowledge limited information, provide resources with the time available. In clip 1, the teacher researches the question. In the answer.

Anonymous Question: Premarital Sex
In this video, the teachers state facts (not personal values or opinions), range of values, and state that consent and respect are important to any refers to different options and provides an idea for starting conversation.

Anonymous/"Normal?" Question: Erection
This classroom teacher provides terms to answer the question, provides details to the amount of time available, acknowledges a range of experience.
Short videos focused on Microskills modeling had a significant and rapid effect on skills acquisition. These effects occurred even when users were focused on learning content rather than skill acquisition.

First: generate challenging “sensitive” questions

Second: volunteer to choose a question and answer it
ConDEMO

An aid for educational condom demonstration and skill practice

With its condom-like package—perforated edges and an expiration date—the ConDEMO was designed for teaching & practicing proper condom use in settings where actual condoms are not allowed.
My child isn’t ready yet
We’ve also heard…

What if I don’t have the right answers?

Where do I begin?!

Will they want to talk about sex all the time?!!

If we talk about sex, they’ll think it’s okay to have sex!”

I don’t want to give them any ideas about sex.

What if my child doesn’t want to talk to me?
Navigate Readiness: Invite Questions

You're viewing #2 of 4 videos in this skill set

Next video in Navigate Readiness skill set

Navigate Readiness: Build on Conversations

See Entire Skill Set
Explicit Content

Do-Over

Saying No

Slang Terms
The ASD pilot found significant results in parent:

Use of **Microskills** demonstrated per minute

Perceived **skill** level in discussing sex

**Comfort** during conversations

Perception of **effectiveness** of conversation
We are more likely now to point something out in a show that may/may not align with our feelings/morals. This usually leads to other questions and conversation.

I’m actually talking to him about this now, it gave me the tools that I needed to start that conversation.
SkillFlix Improves Confidence

This approach has been very successful in our home.

Parent of 15 yo son
SkillFlix Improves Frequency

Expectations related to sexual activity

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Values related to sexual activity

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Sexually transmitted diseases (STDs)

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Consent and what it means to say “no”

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Sexual orientation

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