

Adultism

Young people are systematically mistreated and disrespected by society, with adults as the agents of oppression. The basis of young people's oppression is disrespect. Manifestations of the oppression include:

- Systematic invalidation
- Denial of voice or respectful attention
- Physical abuse
- Lack of information or misinformation
- Denial of power
- Lack of rights

Source: Youth on Board, Get the Word out! 2001

Adult Allies

Allies are adults who advocate and support young people. They assist young people in their lives, support them when they struggle, and let them know how important they are and that change is possible.

Source: Youth on Board, Get the Word out! 2001