HIV/AIDS: Myth or Fact?

**Instructions:** *Read each statement and circle whether it is a myth or a fact.*

1. **AIDS is a medical condition in which your body cannot fight off diseases.**

**Myth Fact**

1. **AIDS is caused by a virus.**

**Myth Fact**

1. **If you hug someone with AIDS, you can get HIV.**

**Myth Fact**

1. **Anyone can get HIV.**

**Myth Fact**

1. **AIDS can be cured.**

**Myth Fact**

1. **HIV can be spread by using someone’s personal belongings such as a comb or hairbrush.**

**Myth Fact**

1. **If a pregnant person has HIV, there is a chance the virus may be passed on to the baby.**

**Myth Fact**

1. **You can tell by looking whether someone is HIV positive.**

**Myth Fact**

1. **Condoms are 100 percent effective against the transmission of HIV.**

**Myth Fact**

1. **You increase your chance of getting HIV if you have sex with many people.**

**Myth Fact**

1. **HIV is mainly present in blood, semen, pre-cum, vaginal secretions, rectal fluids and breast milk.**

**Myth Fact**

1. **If you give blood, you are at risk for getting HIV.**

**Myth Fact**

1. **You can catch HIV from a toilet seat.**

**Myth Fact**

1. **Women who have sex with women don’t have to worry about HIV infection.**

**Myth Fact**

1. **A mother who has HIV can transmit the virus to her baby through breast feeding.**

**Myth Fact**

1. **Birth control pills can prevent the transmission of HIV.**

**Myth Fact**

1. **Monogamy is 100 percent safe.**

**Myth Fact**

1. **If you kiss someone with HIV, you will get the virus.**

**Myth Fact**

1. **Having sex without a condom or latex barrier with someone who has HIV is one way of getting it.**

**Myth Fact**

1. **You can get HIV by sharing a needle with someone who has HIV.**

**Myth Fact**

1. **Only men who have sex with men are vulnerable to getting HIV.**

**Myth Fact**

1. **Injection drug users are at high risk for getting HIV.**

**Myth Fact**

1. **Having anal sex increases your chance of getting HIV.**

**Myth Fact**

1. **Oral sex (mouth on partner’s genitals or anus) without a latex condom or barrier increases a person’s chances of getting HIV.**

**Myth Fact**

1. **Abstinence is the only way of preventing the sexual transmission of HIV 100 percent of the time.**

**Myth Fact**