**Module 1: Introduction to HIV and AIDS Cycle ID / Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Activity** | **Notes** |
| A: Program Introduction and Overview |  |
| B: Group Introduction |  |
| C: Creating Group Agreements |  |
| D: Discussing HIV and AIDS |  |
| E: What I Think about HIV, AIDS and Safer Sex |  |

**Module 2: Building Knowledge about HIV**

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| **Activity** | **Notes** |
| A: Introduction and Overview |  |
| B: The Subject Is HIV |  |
| C: Myths and Facts About HIV and AIDS |  |

**Module 3: Understanding Vulnerability to HIV Infection**

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| **Activity** | **Notes** |
| A: Acknowledging the Threat of HIV and AIDS |  |
| B: *Nicole’s Choice* DVD and Discussion |  |
| C: The Transmission Game |  |
| D: HIV Risk Continuum |  |

**Module 4: Attitudes and Beliefs about HIV, AIDS and Safer Sex**

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| **Activity** | **Notes** |
| A: *The Hard Way* DVD and Discussion |  |
| B: Calling Koko |  |

**Module 5: Building Condom Use Skills**

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| **Activity** | **Notes** |
| A: Introduction and Overview |  |
| B: Discussing Condoms and Condom Use Skills |  |
| C: How to Make Condoms Fun and Pleasurable |  |
| D: What Gets in the Way of Proud and Responsible Sexual Behavior? |  |
| E: Barriers to Condom Use |  |
| F: Condom Line-Up |  |

**Required Add-On Session**

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| **Activity** | **Notes** |
| A: Birth Control Methods Demonstration |  |

**Module 6: Building Negotiation and Refusal Skills**

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| **Activity** | **Notes** |
| A: Introduction and Overview |  |
| B: “What to Say if My Partner Says…” |  |
| C: Using the SWAT Technique |  |
| D: Practice Negotiation and Refusal Skills Through Roleplaying |  |
| E: Talking with Partners About Condom Use or Abstinence |  |
| F: The AIDS Basketball Game |  |